

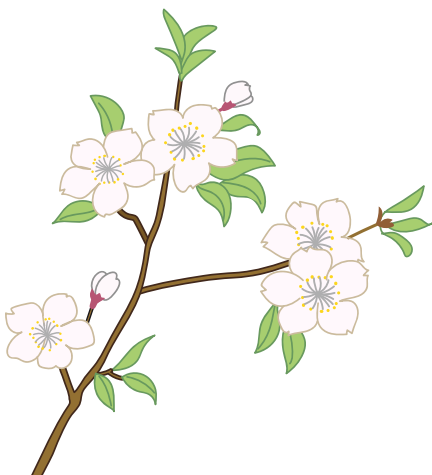
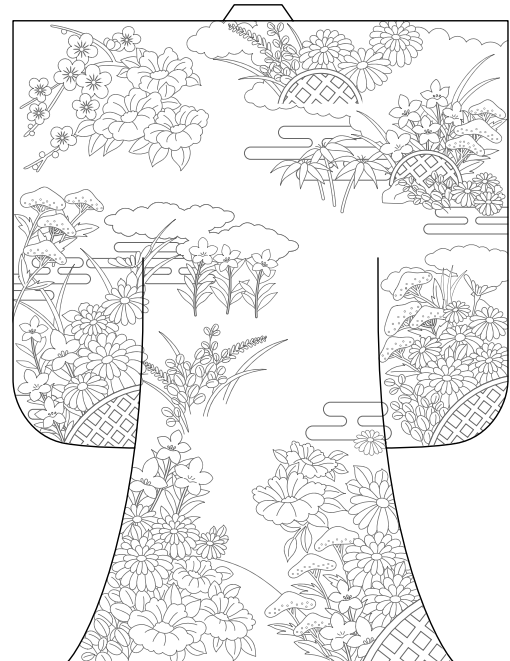
自分でつくる打掛の模様

Design your own *uchikake*

Uchikake are a type of outer kimono worn on formal occasions in Japan, for example by brides on their wedding day. They are worn as the very top layer, above other garments, like a coat, and are not tied by an *obi* sash.

Uchikake are usually heavily decorated with a rich array of images and patterns which have auspicious meanings. Floral motifs are common and can represent good fortune, wealth and longevity in marriage as well as reflect the different seasons. For example, cherry blossom (*sakura*) is associated with spring, while patterns with wisteria (*fuji*) or morning glory (*asagao*) are associated with summer. Chrysanthemums (*kiku*) are typical of autumn. Pine, bamboo and plum (*shō-chiku-bai*) are the 'three friends of winter', associated with New Year and other celebratory events.

This worksheet features a number of Japanese plants and flowers which are often used as patterns for *uchikake*. Take inspiration from the illustrations to colour in the floral patterns on our *uchikake* template or create your own original *uchikake* design.



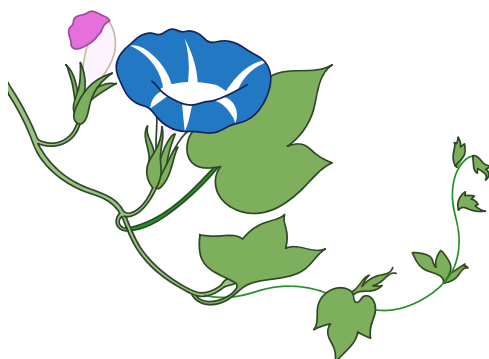
Cherry blossom
桜 (*sakura*)



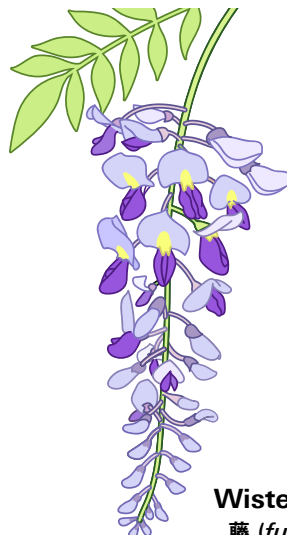
Pine, bamboo and plum
松竹梅 (*shō-chiku-bai*)



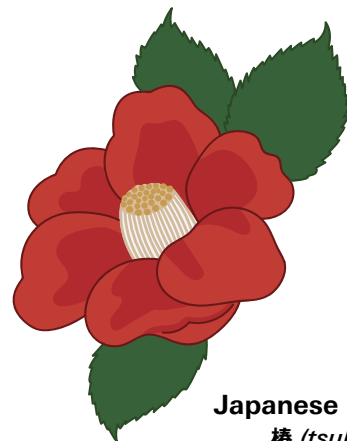
Chrysanthemum
菊 (*Kiku*)



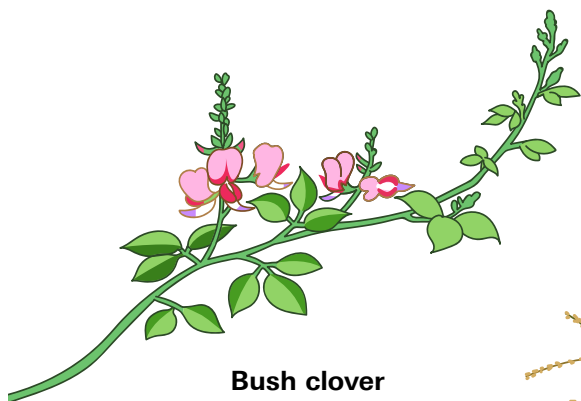
Morning glory
朝顔 (*asagao*)



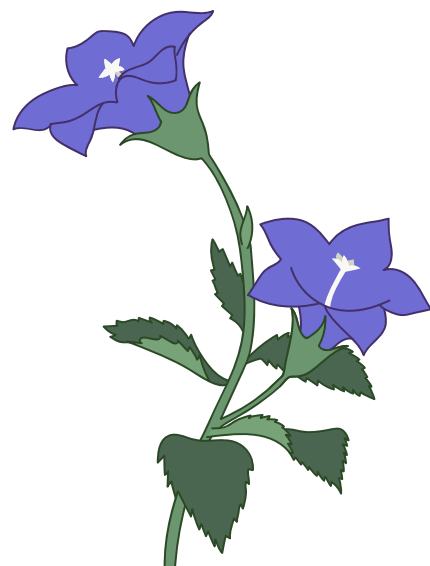
Wisteria
藤 (*fuji*)



Japanese camellia
椿 (*tsubaki*)



Bush clover
萩 (*hagi*)



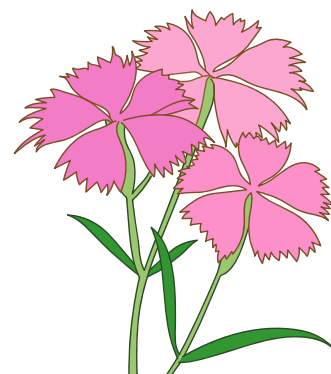
Japanese bellflower
桔梗 (*kikyō*)



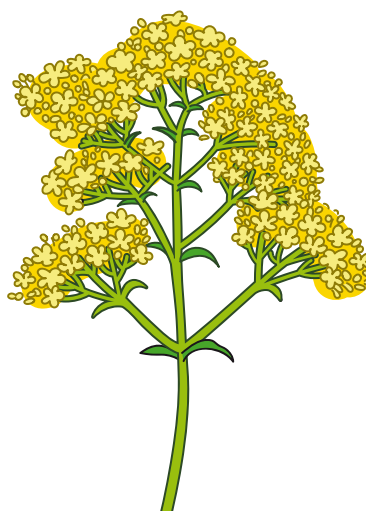
Eupatorium japonicum
藤袴 (*fujibakama*)



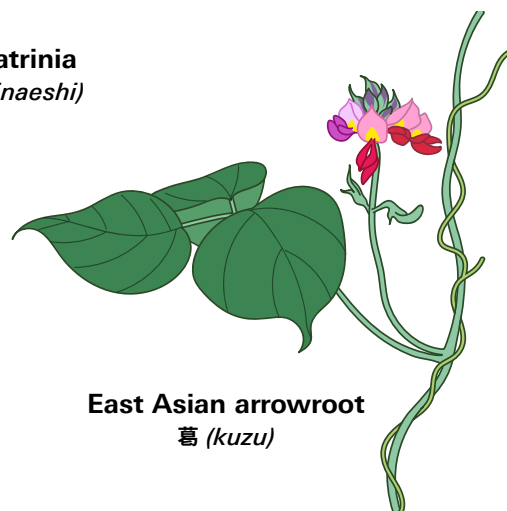
Miscanthus sinensis
すすき (*susuki*)



Dianthus superbus
撫子 (*nadeshiko*)



Yellow patrinia
女郎花 (*ominaeshi*)



East Asian arrowroot
葛 (*kuzu*)

秋の七草

Seven Flowers of Autumn

There are traditionally seven edible herbs associated with the beginning of spring and seven flowers associated with autumn. The 'Seven Flowers of Autumn' are admired for their beauty and delicate simplicity, and are often found on decorative textiles and lacquerware.

The 'Seven Flowers of Autumn' (*aki no nanakusa*) are: the tiny Japanese clover (*hagi*), tall grasses (*obana*, *susuki*), bellflowers (*kikyō*), dianthus or fringed pinks (*nadeshiko*), Eupatorium japonicum of the daisy family (*fujibakama*), East Asian arrowroot (*kuzu*) and yellow patrinia (*ominaeshi*).

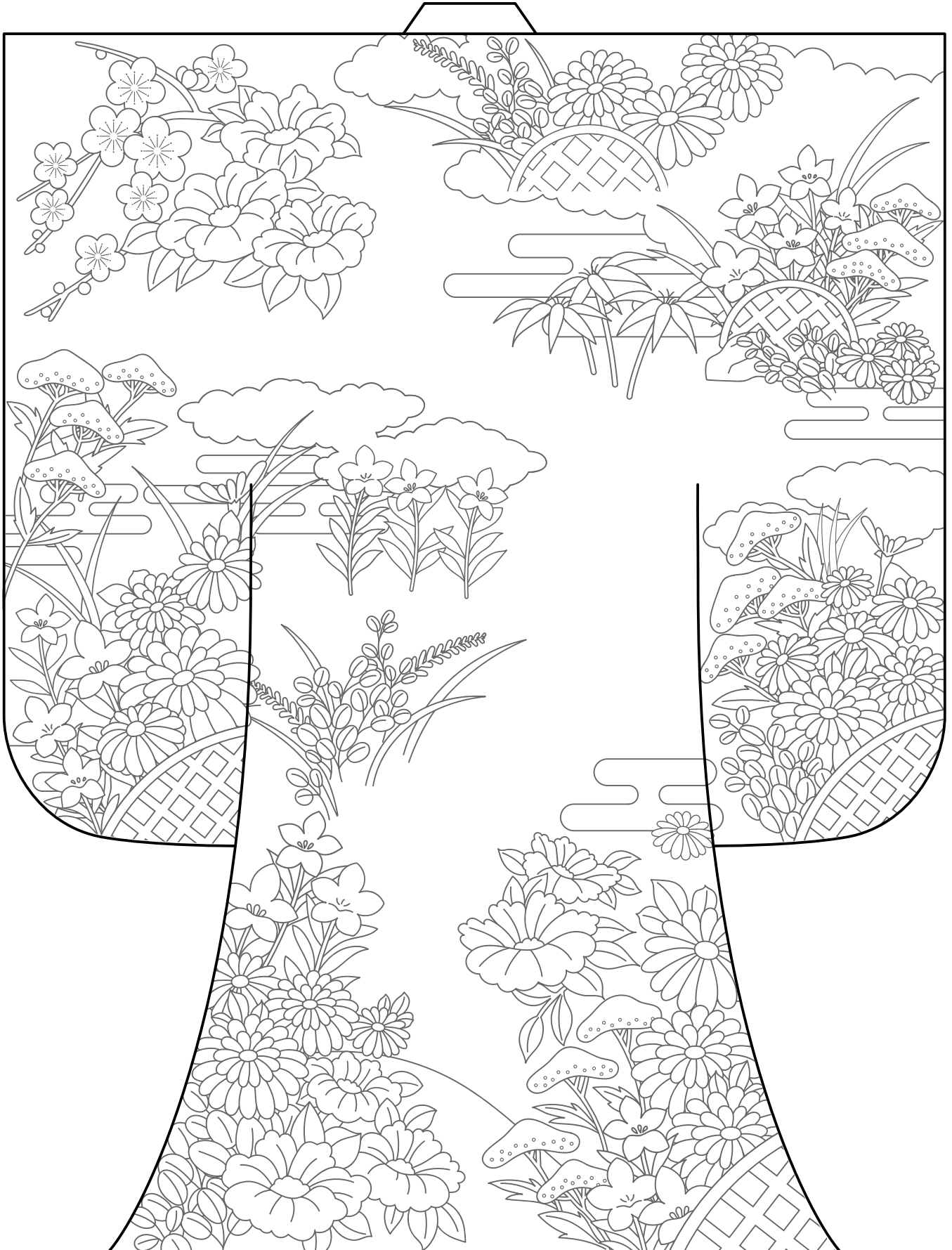
The 'Seven Flowers of Autumn' appear together in the collection of poems in classical Japanese (*waka*) called the *Manyōshū* which was compiled in Japan in the mid-8th century CE.

You will need:

- ☐ Paper
- ☐ Printer
- ☐ Art materials for colouring

Activity Instructions:

Print the worksheet and colour in the patterns on the *uchikake* inspired by the plants and flowers of Japan.



Activity Instructions:

Take inspiration from the flowers and plants of Japan to design and colour in your own original *uchikake*.

